A Free Joint Publication by Westonia CRC & Shire of Westonia

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WESTONIA, JUNE 11TH, 2025

westonia.wa.gov.au

The Museum has been a hive of activity, we have had items very generously donated by locals Michael Cunningham donated six model car replicas of the Holden Commodore Models driven in the Bathurst 1000 races from 1983 to 1995, all these model cars come with a certificate of authenticity, this is a great little collection that will be proudly displayed in cabinets in the new Garage Scene once the extension has been completed.



lan Mahoney has also generously donated three very impressive model war planes, a WW2 Messerschmitt Bf 109, WW2 Supermarine Spitfire and WW1 Biplane. These beauties will be suspended from the rafters in the war memorial scene, Mick Lane has donated a large collection of parts and service manuals, some various tools to be added to the Blacksmith scene and a 1960's Igloo tin water cooler. These donations are very much appreciated and will go a long way to enhance the museum experience. Thank you.



The Park has been very busy with this season's tourists and the recent hand over of a beautiful recreation and BBQ area and eight room donga accommodation since the mine closure. Bringing this accommodation up to the very high standard of the Westonia Tourist Park was no simple task. Our caretaker Jae did a magnificent job in supervising the clean up with the assistance of Stacey, Di, Fiona and Lani the extra effort doesn't go unnoticed and is very much appreciated. Also to Kerrylyne for washing all the new linen. These dongas and BBQ area are a great asset to the future of the park.





Happy B

1st June: Rosalyn Crews,

Leah Nicoletti-Preist

2nd June Maxine Aikin

4th June: Judy Lindley

14th June: Rob Vincent

16th June: Clare McAuliffe

21st June: Kerry Hermon

22nd June: Dave Hamilton

25th June: Diana Angwin, Denver

Simmonds

28th June: Mia Crees

29th June: Coralie Lindley, Ree

McDowall, Hilary Stephens



ROADTRIP TO MERREDIN FOR CHINESE LUNCH

Wednesday 2nd July

Bookings Essential, Book at the Shire Office

The bus will leave the Medical Centre at 10:00AM



Join us at the Old Miners Hall on Sunday the 6th of July for a Church Service, commencing at 10AM. Please bring morning tea to share.



Want to help out with the planning of future events in Westonia?

Come along to our working group meetings which are held regularly

Next Meeting: Wednesday 18th June @ 2PM, At the Old School

Expression of intertest

If you would like to be taken on the bus to the Merredin breast screen. Please contact the shire office to get your name on the list by Tuesday the 17th of June.

Please call the shire on 9046 7063



coming soon to

Merredin

Women aged 40 years and over, make your appointment now for a FREE screening mammogram.

18/06/2025 - 10/07/2025

(Dates may be subject to change)
Bookings open now!
phone 13 20 50

Trailer for sale

Coastmac 7' x 5' hot dipped galvanized trailer. As new. Very little use. \$2,300. Ring Ross 0408470270.





BreastScreen WA's mobile will be located at:

Behind Wheatbelt Visitors Centre, 85 Barrack Street



Book your free screening mammogram online www.breastscreen.health.wa.gov.au or phone 13 20 50





WESTONIA CO-OPERATIVI

OFFNING

Mows

MONDAY 8:30am - 4:30pm

TUESDAY 8:30am - 4:30pm

WEDNESDAY 8:30am - 4:30pm

THURSDAY 8:30am - 4:30pm

FRIDAY 8:30am - 4:30pm

SATURDAY 9:00am - 12:00pm

SUNDAY Closed

WESTONIA BOWLING CLUB

Never rule age out as an excuse for not playing well. Congratulations to Arthur (Darky) on winning the scroungers final on the 31st May. Arthur now joins Lunny, Bob, and Ainslie with a handicap of 12 for all regular games.



Not to be out done our Mr. Bowler, Bob Lockyer, raced to the lead in the final played on Saturday 7th June against Arthur, Packhorse and Kay. Bob will now carry into the remainder of the scrounger's games with a handicap of 18.



WESTONIA GOLF CLUB

The golfers had a Club Day on the 1st June and welcomed back Peter and Joc into their fold after their three week European holiday. Apparently both of them forgot nothing about their golf as Pete took out the men's Stableford on 39 points with Nigel taking out runner up on 38 points.







Another beautiful Westonian Day on Sunday 8th June saw the ladies numbers swell to nearly twice the number of the men for the first time this year. A Stableford game was played between four men and seven of our ladies.





Not to be outdone Jos won the women's competition on 39 points with Karen runner up on 34 points.

WESTONIA GOLF CLUB

The winner for the day was Heather on 35 points with our newcomer, Kila, declared runner up on 34 points. Seven of our ladies will be travelling to Jurien Bay next weekend to play in the Jurien Bay Ladies Open Day. We wish them a safe journey there and back. What happens in Jurien Bay stays in Jurien bay ladies, except for any trophy's you will bring home.





Merredin Veterinary clinic and hospital



Open Tuesdays and Thursday Dr Andrea Roberts B.Sc. BVMS

call Andrea on 0428 212 945



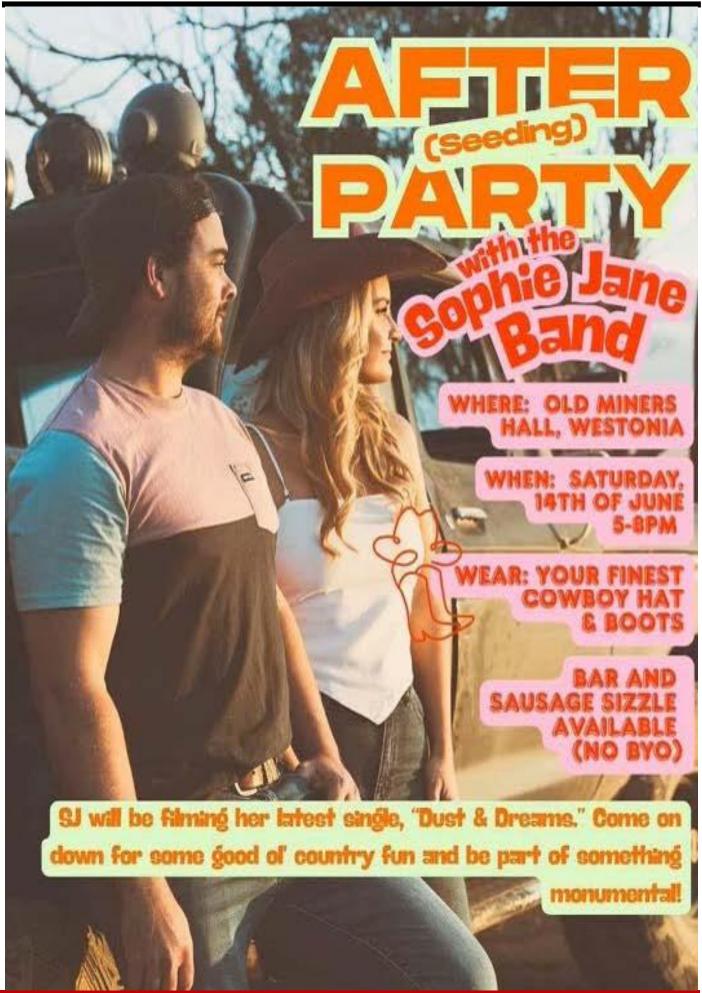
EMERGENCIES DONT WAIT AND NEITHER SHOULD YOU

At Heartlands Veterinary Hospital, we provide 24/7 emergency care for pets and their families across the Wheatbelt. Whether you're five minutes down the road or hours away, you can count on us when your pet needs urgent care — day or night.





🐾 14 Macartney St, York (08) 9641 1383 🦠 ъ After Hours Emergency 0418 264 423 🍖



Cake & Berry Campfire Cobbler

Prep time

10 mins

Cook time

30 mins

Yield

12 servings



Ingredients

- 2 cans (21 ounces each) raspberry pie filling
- 1 package yellow cake mix (regular size)
- 1-1/4 cups water
- 1/2 cup canola oil

Vanilla ice cream, optional

Directions

- Prepare grill or campfire for low heat, using 16-20 charcoal briquettes or large wood chips.
- 2. Line an ovenproof Dutch oven with heavy-duty aluminium foil; add pie filling. In a large bowl, combine the cake mix, water and oil. Spread over pie filling.
- 3. Cover Dutch oven. When briquettes or wood chips are covered with white ash, place Dutch oven directly on top of 8-10 of them. Using long-handled tongs, place remaining briquettes on pan cover.

Cook until filling is bubbly and a toothpick inserted in the topping comes out clean, 30-40 minutes. To check for doneness, use the tongs to carefully lift the cover. If desired, serve with ice cream.

Nutrition Facts

1 each: 342 calories, 12g fat (2g saturated fat), 0 cholesterol, 322mg sodium, 57g carbohydrate (34g sugars, 2g fibre), 1g protein.

For 2025, Wear Blue Day is Friday, June 13.

Friday of Men's Health Week has been officially named Wear BLUE Day.

Wear BLUE Day is celebrated by private corporations, government agencies, sports teams, and individuals to show their concern for the health and wellbeing of boys and men.

Organizations and individuals can host a Wear BLUE day to raise awareness and money for education about men's need to seek regular checkups, or testicular cancer education, prostate cancer education, or other health affect (Cardiovascular that men. disease, skin cancer, lung cancer, diabetes, gout, and more.)

Wear BLUE Day is a part of the year-round Wear BLUE® awareness campaign that was created by Men's Health Network to raise awareness about the importance of male health and to encourage men to live longer and healthier lives, and give women an opportunity advantage of less stringent work attire to show their support of men's health by wearing blue.

The social media #ShowUsYourBlue grown hashtaq has tremendously over the years.

Wear BLUE Day and Men's Health Week are sponsored by Men's Health Network. Men's Health Network is an international non-profit Reach Out to Professional Services: organization whose mission is to reach boys,





June marks Men's Mental Health Month, a crucial time to raise awareness about the mental health challenges faced by men and the importance of seeking help. In Australia, men are often reluctant to discuss their mental health, which can lead to severe consequences. According to the Australian Bureau of Statistics, suicide rates among men are more than three times higher than those for women, highlighting a dire need for change in how we address men's mental health.

Understanding the Scope: Research and Case Studies in Australia

Research from the Black Dog Institute reveals that men are less likely to seek help for mental health issues due to societal expectations and the stigma surrounding mental illness. A study to encourage them to do so. Many people take published in the Australian & New Zealand Journal of Psychiatry found that men often view mental health problems as a weakness, which prevents them from reaching out for support.

> If you or someone you know is struggling with mental health issues, it's essential to know that help is available. Here are some resources and strategies to consider:

Beyond Blue: Offers 24/7 support through their men and their families with health awareness helpline (1300 22 4636) and online chat services.

> Lifeline: Provides crisis support and suicide prevention services (13 11 14).

> Headspace: Specializes in youth mental health and offers various services both in-person and online.

Visit Your GP:

General practitioners can provide initial support, mental health assessments, and referrals to specialists such psychologists or psychiatrists.

Westonia's biggest morning tea.

This year's event has proven to be the best one yet.

We started with a Casual Music Evening where we had over 30 caravaners join us and they were entertained with a variety of different music styles. A big thank you to Greg, Mal, Don & Ronda, Liz and Alby (Keep the sheep instigator from Pingelly).

On Sunday despite being a very misty chilly morning we welcomed over 90 personnel to our main event. The hall looked nice with the round tables, our new table clothes and vase of roses on each one.

There was a buzz in the room as our visitors purchased their raffle tickets and money board numbers and if local a wood raffle ticket along with the Lotto scratchie board ticket.

Special thanks to Bill & Joan Huxtable and Blanch Streich for their tireless efforts selling tickets.

Morning Tea was served and a big thank you to the ladies who donated food for the event. Too many to mention but you know who you are. So thank you one and all.

Cindy from the tavern donated a nice bottle of scotch for me to use in a game of \$2 rollup—where everyone rolled, threw or slid their \$2 to see if it would be the closest at game's end. We all realised the advantage of a child on the hip to balance the body as one Emilie (with baby Adelaide) took home the prize.

The scratchie board was won by Roslyn Medbury from Riverton who was very excited when I delivered to her on Tuesday.

The wood raffle was won by Marg Penny (Brad gets off easy again). Big thank you to Bob Lockyer for arranging the wood raffle and setting up the stage.

There was an abundance of raffle prizes which meant a lot of happy winners. And it was noticeable that the tables with the Merredin Ladies were bring very successful on the day.

Many thanks two dogs mitre ten Merredin, cockies Merredin and Merredin florist for your fantastic donations. I really appreciated your support.

A special thank you to Zeta Mather who in my unavoidable absence leading up to the event stepped in and kept everything on track, Also, Kay Geier, Di Jones, Lani Hale and Ainslie Faithfull for helping set up the raffles and manning the entrance and helping in the kitchen.

A big thank you to the Shire of Westonia for their assistance with providing the venue and general help with the set up. Also, to the girls in the office who always assist with the admin work.

Special Thanks to Tara and her team at Mukinbudin Community Bendigo Bank for their support with this event.

Also, our local businesses in; The Gallery Café, Westonia Tavern, Westonia Co-Op and the Sewing Group Ladies for you generous donations to our raffles.

I have not been able to do a final tally of the funds but I can repost that the current total stands at in excess of \$5000 with some funds still to be banked. A final total will be printed in the nest edition and if anyone still would like to make a tax deductable donation before the end of June, please go to www.biggestmorning tes.com.au then search Westonia's Biggest Morning Tea. Or you can donate Via the QR code.

Thank you everyone for being a part of this very worthy Fund Raiser.

Liz Richter



2025 June

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26	27	28	29	30	31	01 Biggest Morning Tea
02 WA Day SHIRE OFFICE CLOSED	03 SCRABBLE	04	05 808 60	06 Hydro Pool, bus leaving Med Centre at 8:30am	07	80
09 Westonia Craft Group, 9AM	10 S.C.R.A.B.B.L.E.	11	12 BON 00	13 Hydro Pool, bus leaving Med Centre at 8:30am	14	15
16 Westonia Craft Group, 9AM	17 SCRABBLE Y Chiropractor Visit	18 Event working group meeting at 2pm	19 BON © Shire Council Meeting	20 Hydro Pool, bus leaving Med Centre at 8:30am	21	22
23 DR Olga Day Westonia Craft Group, 9AM	24 SCRABLE	25	26 © © © © Ecbyns Beauty Salon	27 Hydro Pool, bus leaving Med Centre at 8:30am	28	29
30 Westonia Craft Group, 9AM	01	Notes: Chinese lunch in Me	Notes: Chinese lunch in Merredin the 2nd of July			