



# The Westonian



A Free Joint Publication by Westonia CRC & Shire of Westonia

Established 1910

VOL. 24/25-20

WESTONIA, MAY 28TH, 2025

westonia.wa.gov.au



## Community Crop Returns After a Decade -Long Break

On Wednesday, 21 May 2025, the Westonia community crop was seeded for the first time in over a decade, marking the return of cropping activity to local land that had been out of use due to mining operations.

Under the leadership effort of Tim DellaBosca, cropping coordinator of the Westonia Progress Association. The work was made possible with help from volunteers and local farming families with special mention to the DellaBosca, Crees, and Lindley families who played a key role in the day's success, with the seeding operation covering a total of 260 hectares across two paddocks

The Westonia Progress Association thanks everyone who contributed to getting the crop in the ground and looks forward to a successful season.



## SHIRE OF WESTONIA NOTICE OF INTENTION TO LEVY DIFFERENTIAL RATES 2025/2026

Pursuant to Section 6.33 and 6.36 of the Local Government Act 1995, notice is hereby given to ratepayers of the intention of the Shire of Westonia to impose the following differential and minimum rates for the 2025/2026 rating year. This rate is taking into consideration Council's proposal at May meeting to impose a 5% rate increase:

### RATE IN THE DOLLAR

Category	Rate in the \$	Minimum Rate \$
GRV General	8.384	370.00
GRV Mining	24.710	370.00
UV - Rural/Pastoral	1.077	370.00
UV - Mining	1.077	200.00

The proposed rates-in-the-dollar and minimum payments are based on estimates at the time of giving public notice and may change as part of Council's 2025/26 budget consideration. The object and reasons for each proposed rate may be inspected at the Shire Office, Wolfram Street, Westonia during normal business hours or by visiting our web site [www.westonia.wa.gov.au](http://www.westonia.wa.gov.au). All submissions in writing with reference to the proposed differential rates or minimum payments should be forwarded to the Shire of Westonia no later than 12.00pm Monday 16<sup>th</sup> June 2025.

Bill Price  
Chief Executive Officer

# Happy Birthday



**1st June: Rosalyn Crews,  
Leah Nicoletti-Preist**

**2nd June Maxine Aikin**

**4th June: Judy Lindley**

**14th June: Rob Vincent**

**16th June: Clare McAuliffe**

**21st June: Kerry Hermon**

**22nd June: Dave Hamilton**

**25th June: Diana Angwin,  
Denver Simmonds**

**28th June: Mia Crees**

**29th June: Coralie Lindley,  
Ree McDowall**



Please note the Shire Office, Museum and Public Library will be closed on **MONDAY THE 2<sup>ND</sup> OF JUNE 2025.**

## BreastScreen WA

coming soon to

### Merredin

Women aged 40 years and over, make your appointment now for a **FREE** screening mammogram.

**18/06/2025 - 10/07/2025**

(Dates may be subject to change)

Bookings open now!  
phone 13 20 50



BreastScreen WA's mobile will be located at:

**Behind Wheatbelt Visitors Centre, 85 Barrack Street**



Book your free screening mammogram online  
[www.breastscreen.health.wa.gov.au](http://www.breastscreen.health.wa.gov.au)  
or phone 13 20 50

**AFTER PARTY (seeding)**  
with the **Sophie Jane Band**

**WHERE: OLD MINERS HALL, WESTONIA**

**WHEN: SATURDAY, 14TH OF JUNE 5-9PM**

**WEAR: YOUR FINEST COWBOY HAT & BOOTS**

**BAR AND SAUSAGE SIZZLE AVAILABLE (NO BYO)**

**SJ will be filming her latest single, "Dust & Dreams." Come on down for some good ol' country fun and be part of something monumental!**





**Kaylor Andrews**  
Regional Education Officer Wheatbelt  
Cancer Council Western Australia  
[Kaylor\\_Andrews@cancerwa.asn.au](mailto:Kaylor_Andrews@cancerwa.asn.au)  
[cancerwa.asn.au](http://cancerwa.asn.au)

**Know the symptoms of bowel cancer!**

**Did you know?**

Bowel cancer is one of the most common cancers affecting both women and men in Western Australia. Unfortunately, in 2019, more than 1,300 Western Australians were diagnosed with bowel cancer, and just over 400 people lost their lives from the disease.

So, it is important to be aware of the common bowel cancer symptoms and to visit your doctor if you have any concerns.

If it is bowel cancer, the earlier it's found, the greater the chance of successful treatment.

**Common symptoms of bowel cancer include:**

- blood in your poo (even just one time) for more than four weeks:
- a new pain, lump or swelling in your tummy
- feeling tired or looking pale
- losing weight without trying
- a change in your normal bowel habits, such as runny poo, pooing more often or finding it hard to poo.

If you have noticed anything unusual, tell your doctor, clinic nurse or Aboriginal health worker without delay. It doesn't mean you've got bowel cancer – often these symptoms turn out to be something less serious, but it's important to tell your health professional and get checked out to be safe.

For more information about cancer symptoms, visit: [www.findcancerearly.com.au](http://www.findcancerearly.com.au) or call the Cancer Council Information and Support Line on **13 11 20**.

**Your health matters to your loved ones.**  
**Know the symptoms of cancer.**

**Westonia Co-Op & Cafe & Post Office**

**OPENING HOURS**  
Mon- 8:30am- 4:30pm  
Tues - 8:30am- 4:30pm  
Wed - 8:30am- 4:30pm  
Thurs - 8:30am- 4:30pm  
Fri - 8:30am-4:30pm  
Sat - 8:30am - 12pm  
Sun - Closed



**Cooked Chooks Monday, & Friday**

DROP IN AND BROWSE OUR SELECTION OR PLACE AN ORDER 90467222

**Hot chips, Burgers, Seafood, Fish & Chips, Meat & Salad Bowls**  
Order ahead : 90467222

**Frozen Meat and fresh Fruit and Vegetables are being delivered on Friday**



**REVEGETATION FUNDING AVAILABLE!**

**Thinking about starting a revegetation project on your property?**

The **Protecting the Eucalypt Woodlands of the WA Wheatbelt** project is offering funding support for revegetation efforts that benefit or buffer remnant eucalypt woodland patches.

**Keen to get involved?** Our project officers are already on the ground kicking off the first round of projects - if you'd like to take part, make sure you get in touch before **June!**

**Applications close on the 30th of May**, so be sure to get your application in as soon as possible. Please visit our website or contact Kate at [ksherlock@wheatbeltnrm.org.au](mailto:ksherlock@wheatbeltnrm.org.au) for more information.



[www.wheatbeltnrm.org.au](http://www.wheatbeltnrm.org.au)

This project is funded by the Australian Government Natural Heritage Trust and delivered by Wheatbelt NRM, a member of the Regional Delivery Partners panel.



# westonia craft group

Thank you to Zeta, Carol and Sandra for completing our last raffle item.

Our Gopher girl popped in for a cuppa, nice to see you, Joan.

This coming Sunday 1st June is the Cancer Foundation Biggest Morning Tea at the Complex in Wessy, come along and join Liz and her committee for a cracking morning of fun and food, at the same time donating to a worthy cause.

Next Monday 2 June is a public holiday so there will be no sewing.

Monday 9 June we will commence again; the project will be a Jelly Roll quilt top. For those not sure on the meaning of Jelly Roll - it is a roll of 40 mixed colour and patterned, 2½" fabric strips which are randomly sewn together to give an eclectic whole piece of fabric, so Jelly Roll for sewist is not food.....damn.

Enjoyable long weekend to everyone.

Cheers

Kay

## WESTONIA BOWLING CLUB

Congratulations to Lunny on the 17<sup>th</sup> May who won the scroungers final convincingly to become the third player with the burden of a 12 handicap for all future games. I am guessing it will only make him more determined. Saturday the 24<sup>th</sup> May saw 12 bowlers compete and then sit down to a meal of hot chips and beef and gravy rolls thanks to Fred. Ainslie also joined the ranks of players who will take a handicap of 12 into the next games by winning the final.



Are you ready to achieve your health and wellbeing goals?

FREE for eligible adults in WA

Sign up to the Better Health Coaching Service

1300 822 953  
betterhealthcoaching.com.au/wa



# WESTONIA GOLF CLUB

Ash and Stacey Geier day was held on the 18<sup>th</sup> May with all funds raised being donated to research into pancreatic cancer. 14 dedicated golfers attended with a few more visitors after the game joining in to raise funds. Well done to Stacey and Slip who with the generous donations from those present raised over \$800.00 on the day.

Fines for profanity on the course, Windis and various other demeaners were administered by Slip and willingly paid by all culprits. Congratulations again to Slip and Stacey on a fantastic and worthwhile day.



The first round of championships, the Edna May Trophy, was played on Sunday the 25<sup>th</sup> May. 13 brave souls turned up to play in what was our first day of winter. Cold and slightly wet. They are a tough bunch these golfers. The net winner for the day for the men was Nigel on 76. Runner up was Uncle Joe on 77. The winner for the women was Ainslie with a net score of 71, followed by Lesley with a score of 74.

Winner for the day was Joe on 41 with Steve Hale runner up on 35. Winner for the women was Lesley on 36 and Lani taking out the runner up on 34. Longest putt on nine was Nigel. Nearest to the pin on seven was Uncle Jo. Longest drive on 18 was Steve. Ladies best second on 15 was Lani. Longest drive on 1 was Bill. Closest to 150 mark was Nigel. Best third on three was Steve. Nearest to the pin on four was uncle Joe and ladies best third on 14 was Heather.



# WESTONIA GOLF CLUB

Ladies best third on 17 was Lani. Mixed longest drive on 18 was Nigel. Ladies best second on 15 was Lani. Men's best third on three was Uncle Joe. Mixed best third on 17 was Nigel.



Thank you to Edna May for your sponsorship and continued support for the Golf Club over the years. Hopefully we can continue in the future. Congratulations to all players on the day and we will see you on the Golf course next Sunday for our Club Day.



**SUNDAY  
1ST JUNE  
2025  
CHECKS ALL  
THE BOXES!**

- ✓ Stalls along main street and in hall
- ✓ ice cream van
- ✓ Sausage sizzle! (bacon & egg burger or sausage in a bun)
- ✓ Lucky Stallholder \$50
- ✓ Free kids train rides
- ✓ Light lunches in main hall
- ✓ Op Shop and 'Free items' Table
- ✓ Woolshed Hotel open from 11am



TIME: 8AM 'TILL 12PM  
WHAT A GREAT DAY OUT!



Images from May markets

Enquiries and bookings phone 0448 244 063

Email: [nungarinwheatbeltmarkets@gmail.com](mailto:nungarinwheatbeltmarkets@gmail.com)

Supported by  
Community Resource Centre



**Make a difference for your community.  
Become an ambulance volunteer.**

Calling all Westonia residents.... We need your help!

We need people passionate about helping their community.

We need you to become an Ambulance Volunteer.

- Full training provided in a friendly, supportive environment.
- No medical experience required – all you need to get started is a police check, a clean driver's licence, and a can-do attitude.
- Not all callouts are emergencies – you can help with routine transport.
- Commit to being available at times to suit your schedule – a minimum of 60 hours per annum.
- Uniforms and ambulance cover provided free of charge.

Your next move.

If this sounds like something you'd like to explore, visit [stjohnchangelives.com.au](http://stjohnchangelives.com.au) or call our Community Paramedic on 0418 378 948, or email [cp.easternwheatbelt@stjohnwa.com.au](mailto:cp.easternwheatbelt@stjohnwa.com.au)

search St John Volunteer



## WARRIOR WELLBEING ARTICLE

before it all gets too much  
**Talk to a Mate!!**  
 REGIONAL MEN'S HEALTH

### Capacity, A Wellbeing Driver

BY THE REGIONAL MEN'S HEALTH INITIATIVE  
 June 2025

A word that we feel is over-used and out of context in the modern world today is the word resilience and we would like to question the use of that word. There is even a whole industry built around resilience in the form of providing training and education services in this space.

Resilience is the correct word if used in the context of a person's ability to *bounce back* i.e. recovering from shock or trauma. However, when it is used in other contexts to describe:

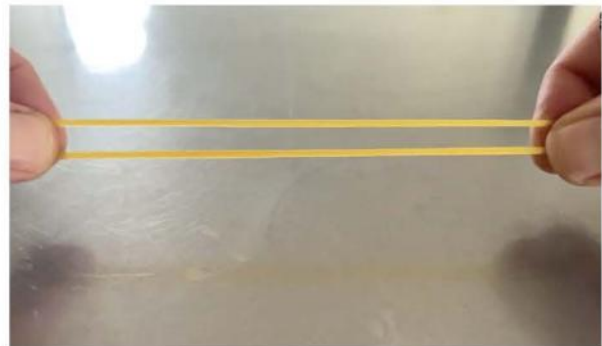
- our ability to cope with everyday life;
- going through a shared adversity such as a natural disaster;
- an adverse personal event (i.e. death or illness);

then it is often used out of context because these experiences encompass much more than *just bouncing back*.

Both on an individual basis and as a community, it is not until we experience a traumatic event or have been pricked by a challenging circumstance, that we will find out how resilient we are. The communities and blokes we deal with tell us that all the time. Consequently, when we use the word *resilience*, we are pigeon-holing an individual and/or community into a category that so called experts want us to fit into. For example, after a traumatic event the experts are quick to say that the community and/or individual is resilient rather than acknowledging that we all have a random *capacity* when operating outside our comfort zone. I suggest that a better word to use to encapsulate all the times in our lives (the good as well as the challenging) is the word *capacity*.

Capacity is the capability to contain and accommodate stuff in our lives. This conveys a positive vibe to us as we endeavour to maintain the right balance. We are all born with a random capacity to deal with life's issues. It is a bit like a rubber band, and we all know and recognise an individual's *capacity* to operate

fully, half, or to not appear stretched at all. No matter what we are challenged by, we all have ups and downs, and the word capacity allows us to capture our entire range of qualities be they good, bad or ugly and to then carry on and cope with what hand we are dealt with.



Our total state of physiological wellbeing is encapsulated in our individual capacity to both build stuff into our lives (something that is important for us blokes) and deal with stuff thrown at us from time to time through our life's journey. When we combine the capacity of us as individuals with us as a collective community, we have harnessed an enormous capacity to live and thrive in regional, rural and remote Western Australia.

The biggest issue surrounding our wellbeing from the capacity perspective, is building the collective as a community when we are constantly challenged by population decline in regional, rural and remote Western Australia.

When talking about individuals / communities we should coin our comments around capacity from a strength base platform rather than resilience - this in turn will have a positive influence on our wellbeing.

✕ @RMHI\_4blokes

📢 Working with Warriors Podcast

🌐 regionalmenshealth.com.au



# WESTONIA COUNTRY CAMPOUT MUSIC WEEKEND

MAY 31ST - JUNE 2ND

2025  
SUPPORTING AUSTRALIA'S  
"BIGGEST MORNING TEA" **\$10 ENTRY FEE**  
BOOK INTO CARAVAN PARK OR SELF CONTAINED  
UNITS (LIMITED)



CONTACT WESTONIA SHIRE 90467063  
31/05/2025 SATURDAY - 2PM-9PM MUSICIAN WALK UP  
01/06/2025 SUNDAY- 9:30AM -12:00PM BIGGEST  
MORNING TEA

(LOTS OF RAFFLES- MONEY BOARDS-FUN & LAUGHS)  
SILENT AUCTION



1:00PM-8:00PM MUSICIAN WALK UPS



ALL MUSOS WELCOME  
DANCE FLOOR AVAILABLE



SCAN TO DONATE



**CASH ONLY EVENT - NO EFTPOS**  
CONTACT LIZ RICHTER ON 0419 199 716

SUPPORTED BY: WESTONIA SHIRE  
MUKINBUDIN COMMUNITY FINANCIAL SERVICES

THIS EVENT IS UNDERCOVER @ THE RECREATION  
CENTRE



BYO DRINKS - FOOD ( BBQ AVAILABLE)



LIGHT REFRESHMENT - TAVERN MEALS AVAILABLE





## WESTONIA COUNTRY CAMPOUT SUPPORTING AUSTRALIA'S "BIGGEST MORNING TEA"



# Cancer Council

Westonia's 5th biggest morning tea will be held over the long weekend 31st of May - 2nd of June 2025 at the Recreation Hall .

This year we are hoping to attract visitors to our town to enjoy the local sights, wander through the bush enjoying the sounds of the many bird species we have out there. Perhaps take a wander over some of the rocks around the district or enjoy a quiet drink or two (BYO) as you listen to music provided by artists who have donated their time to this worthy cause.

If by any chance you may be someone who likes to entertain or just join in with a jam session then please make yourself known and be a part of the 'Walk up Acts' everyone is most welcome to join in.

The local co-op will be open SATURDAY 9-12 noon for any last minute supplies or top of grocery line, fresh fruit and vegetable etc. Papers out the front Sunday and Monday.

The Gallery Café will be open SATURDAY-SUNDAY-MONDAY in the morning from 9:00am—1:00pm for a nice brewed coffee and lite takeaways. (Toasties, muffins, slices and cakes)

The music session on Saturday will commence around 2pm and will go through until 9pm. Sunday will commence with morning tea between 9:30-12 noon. Enjoy Country hospitality and join in with fund raising raffles, money boards, cash cards, give aways and lots of fun. Sunday afternoon the music will continue until around 9pm.

There will be tea and coffee available throughout the weekend event, some light refreshments (hot soup) BBQ available for use. Basically bring your own meals supplies. The Wessy tavern does evening meals. Its opening time is 4pm, get in quick and book a table. Meals are served between 6-8:30pm.

Caravan booking need to be made through the shire on 9046 7063. Self contained RVs have 48 hours Free camping at St Lukes church. Limited units for rent through the shire.

I look forward to welcoming you to our weekend and if you have any enquires please don't hesitate to contact me on 0419 199 716 Liz Richter.

We are still in need for items to auction or raffle. If you would like to assist whether it be a business or personal please contact me. Ladies if you could donate a plate of food on Sunday that would be greatly appreciated. It is all going to a great cause..... We never know who will be the next person to need assistance.

The lotto scratchie board. Tickets are \$5.00 and can be bought at the Co-Op.

Wood Raffle (Thanks to Council) \$2.00 ticket  
Money board (\$100 & \$50) prizes. \$2.00 number

Bingo Money cards \$2.00 number

Raffle envelopes \$10.00 (5 tickets)- Prize pots

Silent auction



## COST TO ENTER HALL

**\$10.00 WEEKEND OR \$5.00 FOR SUNDAY**



ACROSS

- 1) Transit charge
- 5) Bind, as grass stalks
- 11) Grammy category
- 14) Newspaper essay page
- 15) Give thought to
- 16) Wing not for flying
- 17) Restores strength to
- 19) Sweet murmur
- 20) In the cards
- 21) Well-seasoned stew
- 23) Endangered
- 26) Inclines
- 27) Makes shiny and smooth
- 28) Stoked
- 31) Tsunami kin
- 32) Without moisture
- 33) Potluck choice
- 36) One for the off-road
- 37) New versions of old films
- 40) Early afternoon
- 41) Nick's cousin?
- 43) Basks at the beach
- 44) Alaskan craft
- 46) Goes off volcanically
- 48) Larry or Shemp
- 49) Deep-six
- 51) Nonsense
- 52) Exerts no effort
- 54) Delaware city
- 55) Make a decision
- 56) Livens up
- 61) Function
- 62) "... falls \_\_\_ on the plain"
- 63) Apple variety
- 64) Cabernet, e.g.
- 65) Breastplates (Var.)
- 66) TV prize

DOWN

- 1) In favor of
- 2) Arm-over-arm swinger
- 3) Make a motor roar
- 4) Teacher or preacher, e.g.
- 5) Sudden outpourings
- 6) \_\_\_ out (made a successful putt)
- 7) "National Velvet" author Bagnold
- 8) Wood-dressing tool (Var.)
- 9) Change course suddenly
- 10) Artificial
- 11) Restore to a particular state
- 12) For all to hear
- 13) Draws, as a line on a graph
- 18) Chatterbox
- 22) Turned a horse right
- 23) Pretentious sort
- 24) Carry away, in a way
- 25) Returned to life
- 28) Casual pair
- 29) Big boats
- 30) Scrabble 10-pointer
- 32) Salacious stuff
- 34) Tool for bending cold metal
- 35) Cornball
- 38) Clairvoyant's claim, for short
- 39) Supplier to an army
- 42) Caroler's syllables
- 45) Marina charge
- 47) Computer-is-working period
- 48) Crinkly leaved cabbages
- 49) Use elbow grease on
- 50) Small woods
- 51) Goblin or bugbear
- 53) Pantyhose woe
- 54) Rackets
- 57) Seven, on a grandfather clock
- 58) It's on some Scottish locks
- 59) "A Nightmare on \_\_\_ Street"
- 60) State

RECHARGED

By Oscar Puma

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15						16		
17			18							19		
		20					21		22			
23	24	25					26					
27						28	29	30				
31					32				33		34	35
36			37	38				39		40		
41			42	43				44	45			
		46		47				48				
49	50						51					
52				53		54						
55				56		57				58	59	60
61				62						63		
64				65						66		





## Chicken and broccoli bake with pangrattato topping

### Serves 4 Cook time 45 min


















#### Ingredients

500 grams broccoli, cut into small florets  
 40 grams butter  
 2 tablespoons plain flour  
 2 cups (500ml) milk  
 1/2 cup (60g) coarsely grated cheddar  
 2 1/2 cups (400g) shredded barbecued chicken  
 4 slices (280g) sourdough bread  
 1 tablespoon extra virgin olive oil  
 1 clove garlic, crushed  
 1 tablespoon finely grated lemon rind  
 2 tablespoons finely chopped fresh flat-leaf parsley leaves  
 1/2 cup (40g) finely grated parmesan  
 Fresh flat-leaf parsley leaves, extra, to serve

#### Method

1. Preheat oven to 220°C (200°C fan-forced). Oil a deep 2-litre (8-cup) ovenproof dish.
2. Cook broccoli in a large saucepan of boiling water for 5 minutes or until just tender; drain. Rinse under cold water; drain. Cool.
3. Melt butter in same cleaned pan; add flour. Cook, stirring, for about 2 minutes or until mixture bubbles and thickens. Gradually stir in the milk; cook, stirring, until mixture boils and thickens. Stir in cheddar, chicken and broccoli; season. Spoon mixture into dish.
4. Tear bread into pieces; combine with remaining ingredients in a medium bowl. Sprinkle bread mixture on top of chicken mixture. Bake for about 30 minutes or until browned lightly. Stand for 5 minutes. Serve sprinkled with extra parsley.

# 2025 June

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26	27	28	29	30	31	01 Biggest Morning Tea
02 WA Day SHIRE OFFICE CLOSED	03   Chiropractor Visit	04	05 	06 Hydro Pool, bus leaving Med Centre at 8:30am	07	08
09 Westonia Craft Group, 9AM 	10  	11	12 	13 Hydro Pool, bus leaving Med Centre at 8:30am	14	15
16 Westonia Craft Group, 9AM 	17   	18	19  Shire Council Meeting	20 Hydro Pool, bus leaving Med Centre at 8:30am	21	22
23 DR Olga Day Westonia Craft Group, 9AM 	24  	25	26  Robyns Beauty Salon	27 Hydro Pool, bus leaving Med Centre at 8:30am	28	29
30 Westonia Craft Group, 9AM 	01	Notes:				