

COMMUNITY SUPPORT SERVICES

The community is advised that free counselling is available locally through Wheatbelt Agcare & Family Counselling. Phone: **9046 5091** or **0488 465 081**. This is a confidential and discreet service and no referral is needed.

Other support numbers:

000 (emergency)

Wheatbelt Mental Health 9621 0999 Mon - Fri 8.30am –4.30pm.

Anne Evans – Social Worker (Eastern Wheatbelt Primary Health)

9041 0444 Mon – Fri 8.30 am – 4.30 pm

GP Network - Northam 9621 1530 Mon - Fri 8.30am –4.30pm

Rural Link 1800 552 002 (24 hours)

Mental Health Emergency Response Line 1300 555 788

www.mentalhealth.wa.gov.au

Kids Helpline 1800 551 800 (24 hours)

Robin Lewington – Social Worker (Medicare Local Goldfields) 0417 923 225

Samaritans Crisis Line (08) 9381 5555 www.thesamaritans.org.au

Crisis Care 1800 199 008 or (08) 9223 1111

Reachout www.reachout.com

Mensline 1300 789 978 (24 hours) www.mensline.org.au

LifeLine 13 11 14 (24 hours) www.lifelinewa.org.au

Suicide Call Back Line 1300 659 467 www.suicidecallbackservice.org.au

GP Referral is encouraged for other appropriate counselling

1life (www.onelifewa.com.au)

life *Every Life is Precious*